



rise

**Empowering people
Launching ideas**

Mental health conditions or addictions can get in the way of stable employment for many. At Rise, we break down barriers and change futures through our innovative small business services.

Rise is Canada's only national charity dedicated to helping individuals with a history of mental health or addiction achieve financial stability and independence through self-employment or small business ownership.



We're the only national charity of its kind.

We support business growth by investing in people and their ideas.

We can tailor programs for specific goals so that people who use Rise can build successful small businesses.

We offer a full range of services and programs in three key areas:



Low-interest small business loans



Business training



Mentorship

Programs designed to support your success

NEED HELP FINANCING YOUR GREAT BUSINESS IDEA?



Small Business Lending

NEED HELP SHARPENING YOUR BUSINESS SKILLS?



Peer Supported StartUp Program (online)

UNDER 30 AND WANT TO LEARN HOW TO MAKE A BUSINESS PLAN?



EnterpRISEing Youth (online)



EnterpRISEing Youth Plus (online)



Youth Small Business Program (online)

Rise Impact: Improved Mental Health & Recovery

Short term



- Confidence
- Soft Skills
- Team work
- Support Networks

Medium term



- Interpersonal skills
- Job creation
- Meaningful employment



- Social assistance reliance
- Family stress

Long term



- Sense of purpose
- Quality of life
- Social inclusion



- Stigma



Apply Now!

www.RiseHelps.ca

Nick Yeo

loans@RiseHelps.ca

IG: [@RiseHelps](https://www.instagram.com/RiseHelps) Twitter: [@RiseHelps](https://twitter.com/RiseHelps) FB: facebook.com/RiseHelps